

# Lord I Have Cried - Psalm 141

## Resurrection Tone 1

O Lord, I have cried un - to You, hear me!

Hear me, O Lord! O Lord, I have

cried un - to You, hear me! Re - ceive the

voice of my prayer when I call up - on You.

Hear me, O Lord!

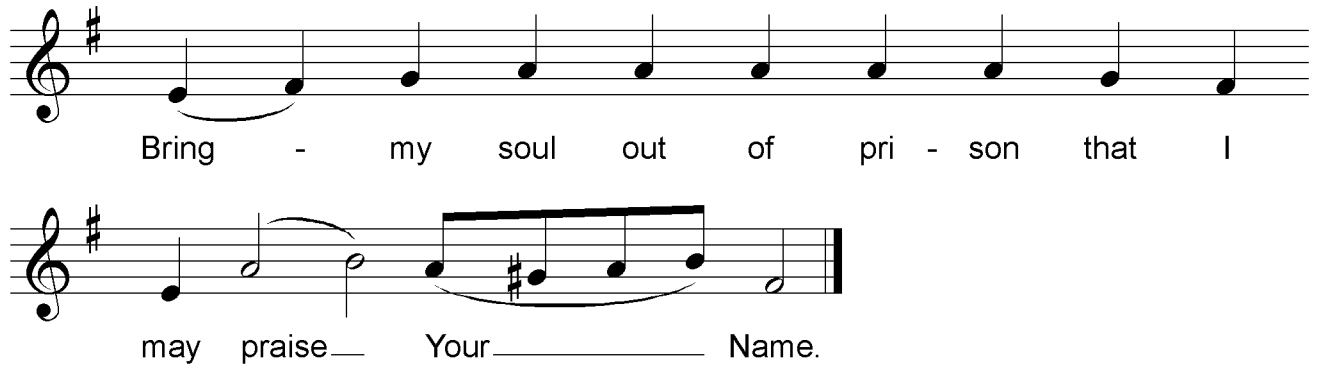
Let my prayer be set forth in Your sight as

in - - cense, and let the lift - ing up of

my hands be an eve - ning sa - cri - fice.

Hear me, O Lord!

Verse 1:



Bring - my soul out of pri - son that I  
may praise — Your — Name.

The musical notation for Verse 1 consists of two staves in G major. The first staff contains the melody for the first line of text, with a slur under the first two notes. The second staff contains the melody for the second line, with a slur under the last four notes and a double bar line at the end.

Stichera:



Ac - cept our eve - ning prayers, O Ho - ly Lord,  
and grant us re - mis - sion of our — sins,  
for on - ly You have shown forth un - to the world  
the Re - sur - rec - - - tion.

The musical notation for the Stichera consists of four staves in G major. Each staff corresponds to a line of text. The first staff has a slur under the first two notes. The second staff has a slur under the last two notes. The third staff has a slur under the last two notes. The fourth staff has a slur under the last four notes and a double bar line at the end.

Verse 2:



The — right - eous will sur - round me for You will deal  
boun - ti - ful - ly with me.

The musical notation for Verse 2 consists of two staves in G major. The first staff contains the melody for the first line of text, with a slur under the first two notes. The second staff contains the melody for the second line, with a slur under the last four notes and a double bar line at the end.

Stichera:

Walk a - bout Zi - on, you peo - ple, and en - com - pass her.  
Give glo - ry there - in to Him Who is ri - sen  
from the — dead. For — He is our God Who has  
de - liv - ered us from — our i - ni - qui - ties.

Verse 3:

Out of the depths have I cried to You, O Lord:  
Lord — hear — my — voice.

Stichera:

Come, you peo - ple praise and wor - ship Christ,  
glo - ri - fy - ing His re - sur - rec - tion from

the ——— dead, for He is our God, Who has  
de - liv - ered the world from the be - guil - ing of the  
e - ne - - my.

Verse 4:

Let ——— Your ears be at - ten - tive to the voice ——— of  
my ——— sup - pli - ca - tion.

Stichera:

You hea - vens be glad, sound the trum - pets, foun - da - tions  
of the earth. Shout for joy, O you hills!  
For ——— see! Em - man - u - el has nailed our

sins to the Cross, and He, the gi - ver of  
 life has put death to death by rais - ing  
 A - dam up, be - cause He loves man - kind.

Verse 5:

If You, Lord, shall mark i - ni - qui - ties,  
 Lord, who shall stand? But there is for - give - ness with  
 You that You may be feared.

Stichera:

Let us praise Him Who of His own will  
 was cru - ci - fied for us in the flesh,

and suf - fered, was bu - ried, and rose from the dead,

and let us say: 'Keep Your Church in the

true \_\_\_\_\_ faith, and bring peace to our lives, O Christ,

for You are good and love man - kind.'

Verse 6:

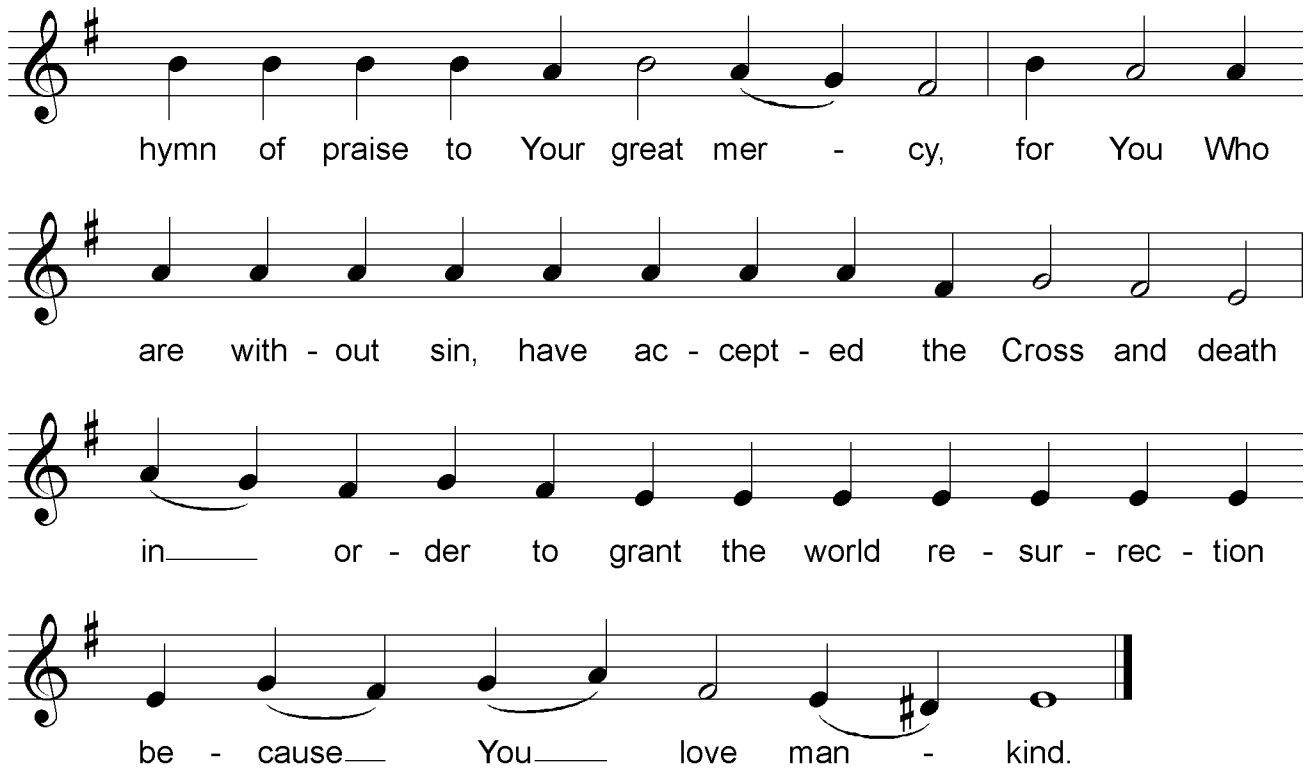
I wait for the Lord, my soul does wait, and in

His Word do I hope: my soul waits for \_\_\_\_\_ the \_\_\_\_\_ Lord.

Stichera:

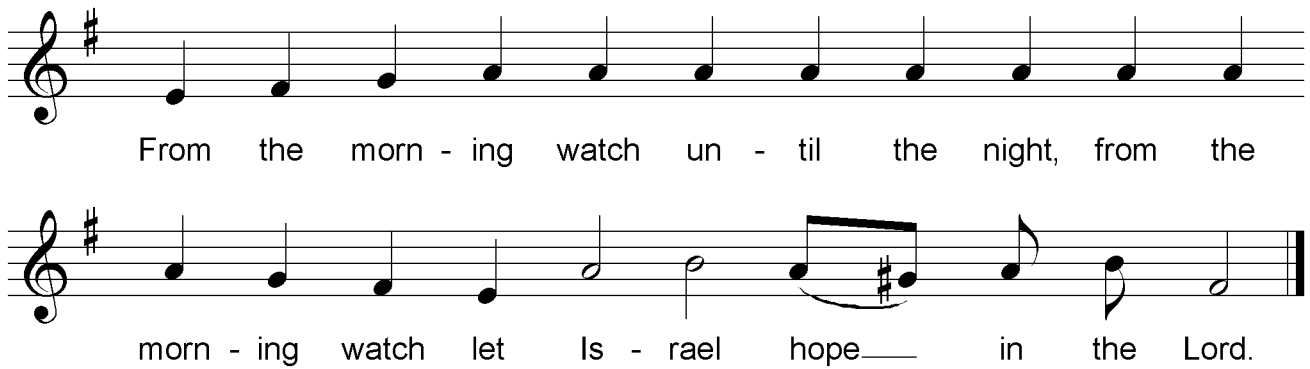
As we, un - wor - thy, stand be - fore Your tomb

that held life, we raise, O Christ our God, a



hymn of praise to Your great mer - cy, for You Who  
 are with - out sin, have ac - cept - ed the Cross and death  
 in — or - der to grant the world re - sur - rec - tion  
 be - cause — You — love man - kind.

Verse 7:



From the morn - ing watch un - til the night, from the  
 morn - ing watch let Is - rael hope — in the Lord.

Stichera:



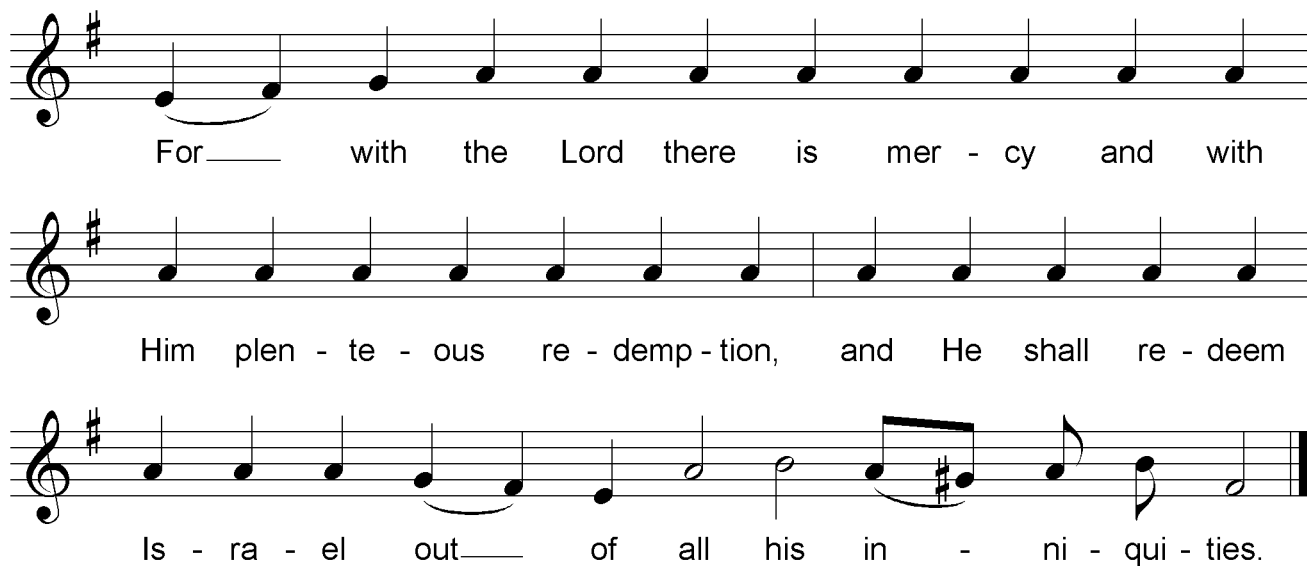
Let us praise the Word of God, Who is with - out  
 be - gin - ning and co - e - ter - nal with the Fa - - ther,



Who came forth in - ef - fa - bly from the Vir - gin's womb,  
 and for our sakes ac - cept - ed of His own  
 will the Cross and death, and rose in glo - ry  
 and let us say: 'Glo - ry to You, O Lord,  
 Gi - ver of life and Sa - vior of our souls.

In the event that additional sticehra are available to be sung, the remaining verses of Tome 8 are set forth below:

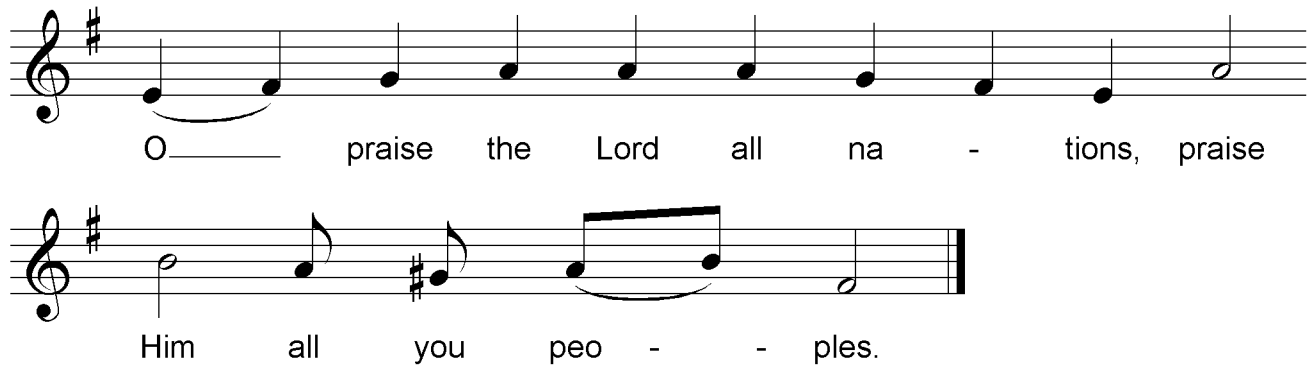
Verse 8:



For with the Lord there is mer - cy and with  
 Him plen - te - ous re - demp - tion, and He shall re - deem  
 Is - ra - el out of all his in - ni - qui - ties.



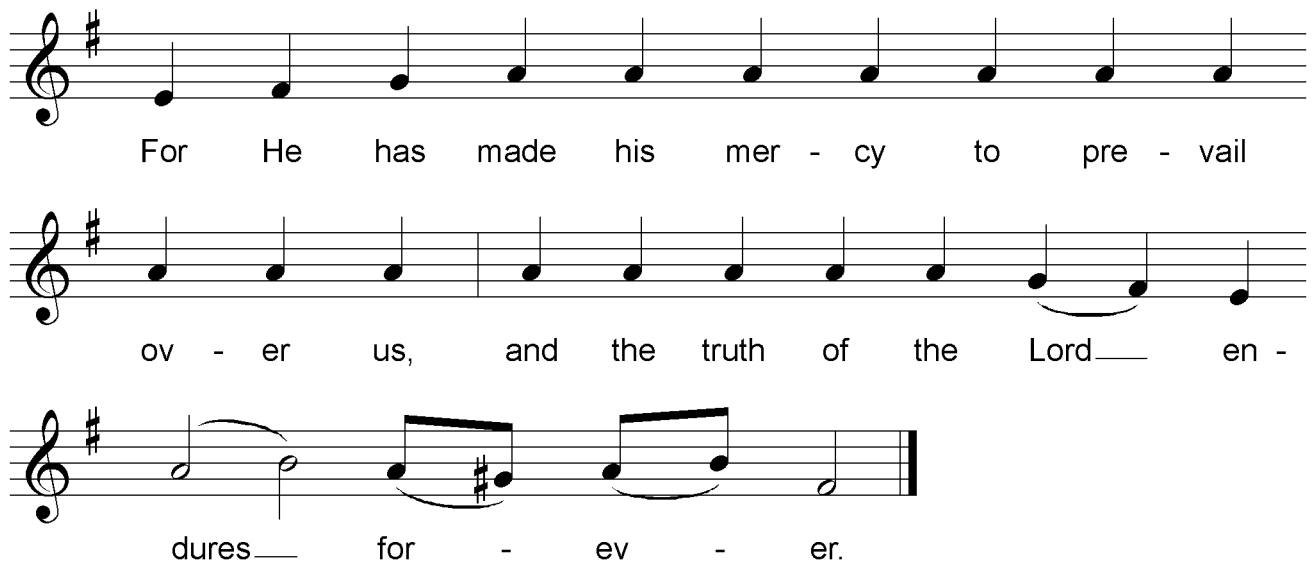
Verse 9:



O ——— praise the Lord all na - tions, praise  
Him all you peo - - ples.

The musical notation for Verse 9 consists of two staves in G major. The first staff contains a melody of quarter notes: G4, A4, B4, C5, B4, A4, G4, F4, E4, D4. The lyrics "O ——— praise the Lord all na - tions, praise" are aligned with these notes. The second staff continues the melody with quarter notes: D4, C4, B3, A3, G3, F3, E3, D3. The lyrics "Him all you peo - - ples." are aligned with these notes. The piece ends with a double bar line.

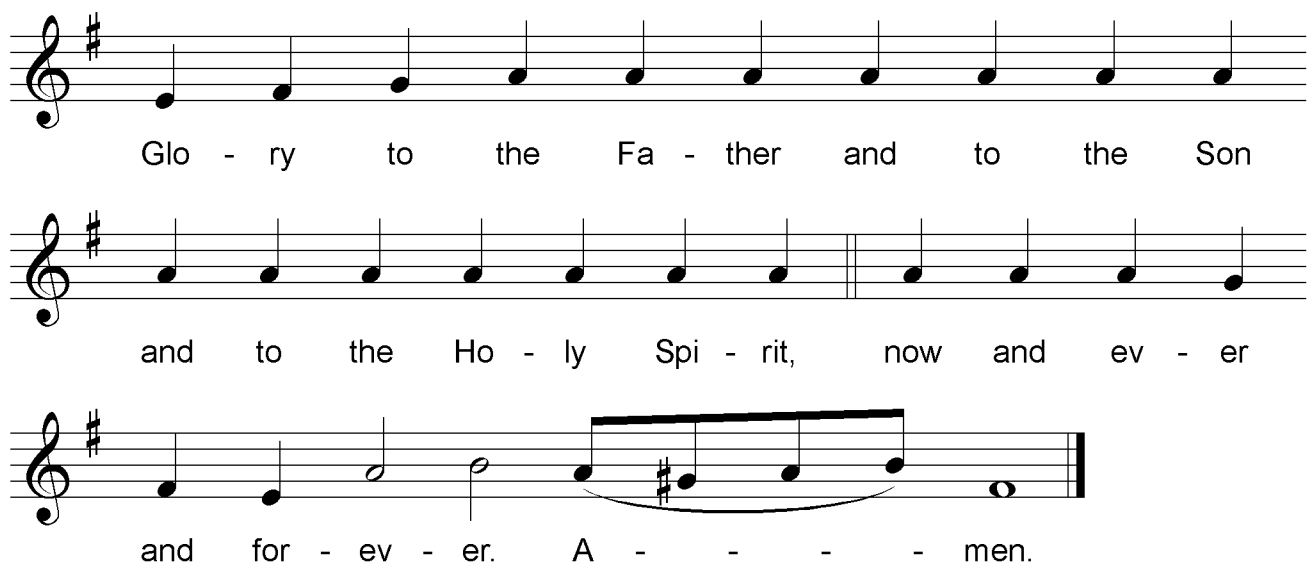
Verse 10:



For He has made his mer - cy to pre - vail  
ov - er us, and the truth of the Lord ——— en -  
dures ——— for - ev - er.

The musical notation for Verse 10 consists of three staves in G major. The first staff contains a melody of quarter notes: G4, A4, B4, C5, B4, A4, G4, F4, E4, D4. The lyrics "For He has made his mer - cy to pre - vail" are aligned with these notes. The second staff continues the melody with quarter notes: D4, C4, B3, A3, G3, F3, E3, D3. The lyrics "ov - er us, and the truth of the Lord ——— en -" are aligned with these notes. The third staff continues the melody with quarter notes: D3, C3, B2, A2, G2, F2, E2, D2. The lyrics "dures ——— for - ev - er." are aligned with these notes. The piece ends with a double bar line.

Glory Now and Ever verse:



Glo - ry to the Fa - ther and to the Son  
and to the Ho - ly Spi - rit, now and ev - er  
and for - ev - er. A - - - - men.

The musical notation for the Glory Now and Ever verse consists of three staves in G major. The first staff contains a melody of quarter notes: G4, A4, B4, C5, B4, A4, G4, F4, E4, D4. The lyrics "Glo - ry to the Fa - ther and to the Son" are aligned with these notes. The second staff continues the melody with quarter notes: D4, C4, B3, A3, G3, F3, E3, D3. The lyrics "and to the Ho - ly Spi - rit, now and ev - er" are aligned with these notes. The third staff continues the melody with quarter notes: D3, C3, B2, A2, G2, F2, E2, D2. The lyrics "and for - ev - er. A - - - - men." are aligned with these notes. The piece ends with a double bar line.

Stichera:

Let us praise the Vir - gin Ma - ry, glo - ry  
of all the world and gate - way to hea - - - ven,  
who, be - got - ten of man has borne the Lord  
and who is the a - dorn - ment of the faith - - - ful  
and is sung by the an - ge - lic host.  
for she has been shown forth as Hea - ven and  
Tem - ple of the God - - - head. She it is who  
break - ing down the mid - dle wall of di - vi - sion,

ush - ered in peace and threw the King - dom o - - - pen.

There - fore with her as an - chor of our Faith,

we, in the Lord born of her, have a De - fen - der.

Make bold, there - fore, you peo - ple of God, for — He,

the Lord Al - migh - ty, will de - feat — Your —

e - ne - mies.

# The Aposticha

## Resurrection Tone 1

We were set free by Your Pas - sion, O Christ,  
and we were re - deemed from cor - rup - tion by Your  
Re - sur - rec\_\_\_\_\_ tion. Glo - ry to You,  
O Christ,\_\_\_\_ our e - ter - nal\_\_\_\_\_ Lord.

### Verse 1:

The\_\_\_\_ Lord is King and has put\_\_\_\_ on  
glo - rious ap - pa - rel

### Stichera:

Let cre - a - tion ex - ult, the hea - vens make glad,

the na - tions clap their hands with joy;

for Christ our Sa - vior, in His love for man - kind,

has nailed our sins to the Cross, put death to death,

and gi - ven us life by rais - ing fal - len

A - dam, fa - ther of man - kind.

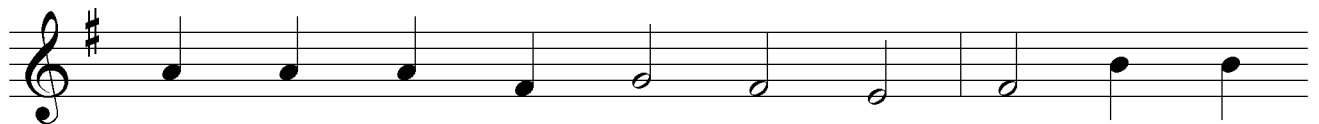
Verse 2:

He has made the world so sure that it


can not be moved.

Stichera:


O Lord, Who are be - yond all un - der - stand - ing



King of hea - ven and of earth, for love of




man - kind You have of Your own will been cru - ci - fied.




hell was filled with bit - ter - ness when it met You be - low,




and the souls of the just, at re - ceiv - ing You,




re - joiced! And when he saw You, the Cre - a - tor,



in the depths, — A - dam rose up. What a



won - der this is: that the life of all men should



taste — death in His de - sire to give



light — to the world, which in turn cries out

and \_\_\_\_\_ says: 'Glo - ry to You, O Lord,

ris - - - sen \_\_\_\_\_ from the \_\_\_\_\_ dead!

Verse 3:

Ho - li - ness is fit - ting for Your house, — O

Lord for length \_\_\_\_\_ of \_\_\_\_\_ days.

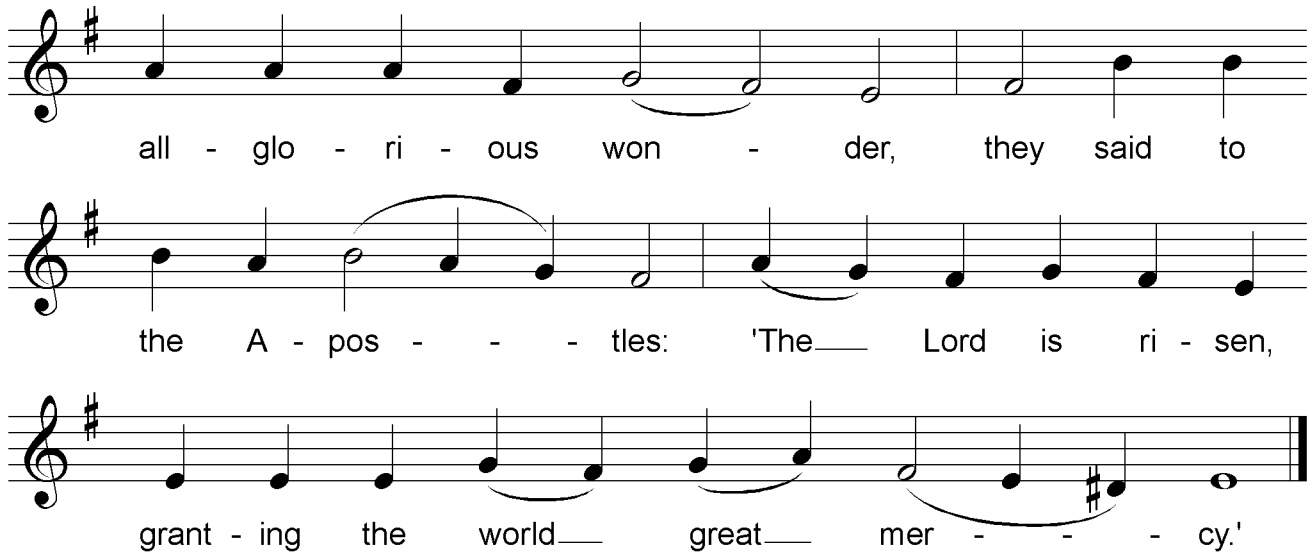
Stichera:

The myrrh - bear - ing wo - men, bring - ing spi - ces, has - tened

mourn - ing to Your tomb, and when they found Your

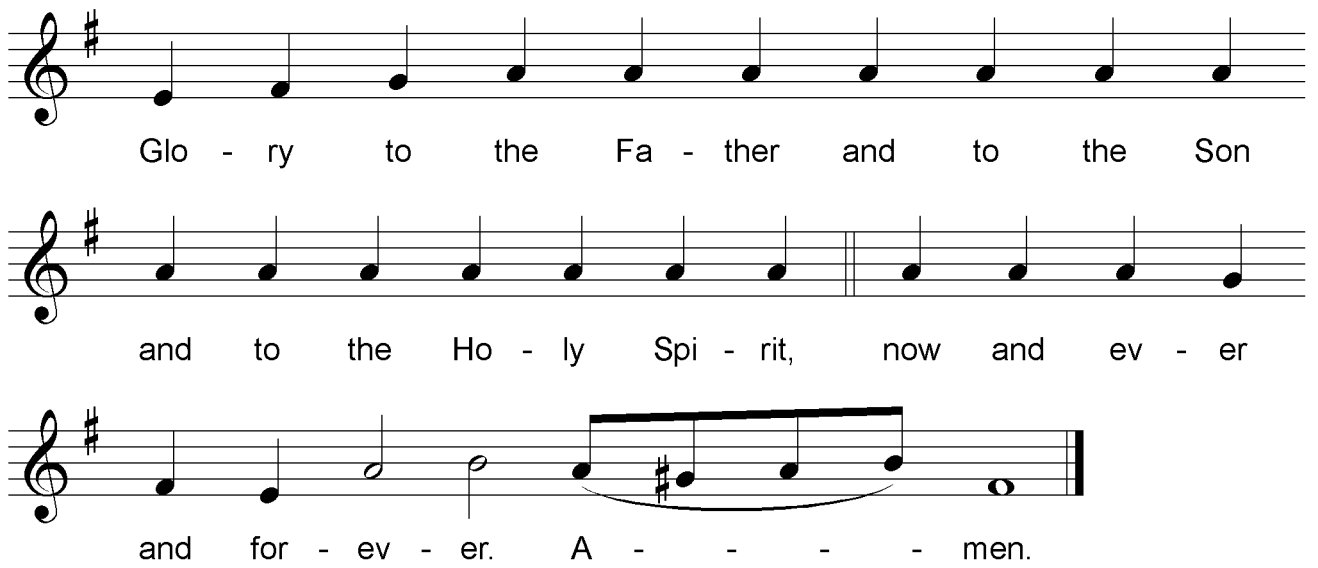
im - ma - cu - late bo - dy \_\_\_\_\_ gone and learned

from the An - gel of the un - pre - ce - den - ted and



all - glo - ri - ous won - der, they said to  
the A - pos - - - tles: 'The Lord is ri - sen,  
grant - ing the world great mer - - - cy.'

Glory Now and Ever verse:




Glo - ry to the Fa - ther and to the Son  
and to the Ho - ly Spi - rit, now and ev - er  
and for - ev - er. A - - - - men.

Stichera:




Be - hold, the pro - phe - cy of Is - ai - ah is ful - filled:  
Vir - gin, you have gi - ven birth and re - mained as you

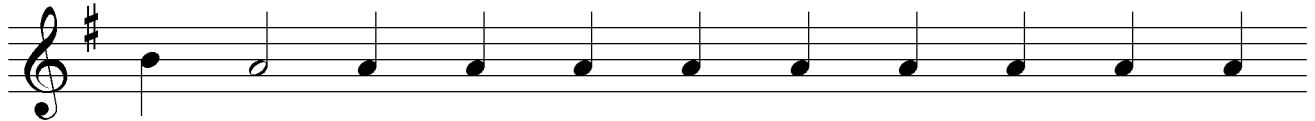





were be - fore. For God Him - self was born of you,




and the na - ture of man was there - by re - stored.



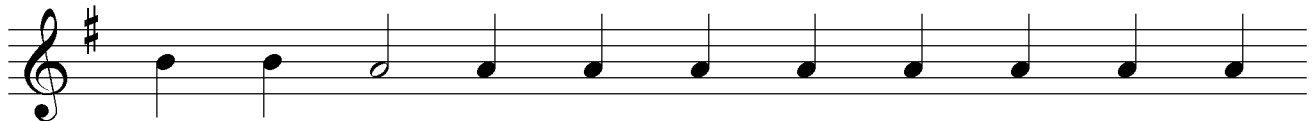
O Mo - ther of God, de - spise not the sup - pli -



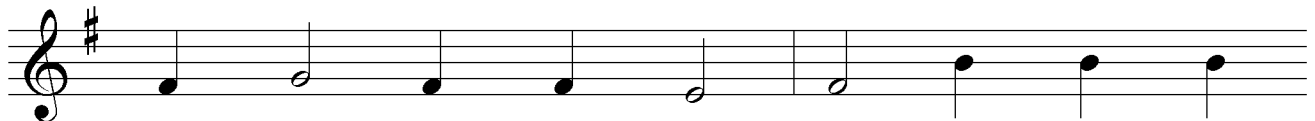
ca - tions of your ser - - vants that are




of - fered to you in your church,




but, O La - dy who has held in your arms the



com - pas - sion - ate Lord, be mer - ci - ful




towards us who serve you and pray



that our souls may be saved.

# Tropar and Theotokian

## Resurrection Tone 1



Your tomb was sealed with a stone by the Jews,

and the sol - diers guard - ed Your most pure Bo - dy;

yet You a - rose on the third day, O Sa - vior,

giv - - - ing life to the world. The hea - ven - ly

pow - ers cried out to You, O Giv - er of Life:

'Glo - ry to Your res - ur - rec - tion, O Christ!

Glo - ry to Your King - dom! Glo - ry to Your plan of

sal - va - tion for You a - lone love man - kind.'

Glo - ry to the Fa - ther and to the Son

and to the Ho - ly Spi - - - rit,

now and ev - er and for - ev - er. A - - - men.


O Vir - gin, when Ga - bri - el hailed you, at the sound

of his voice the Lord of all was con-ceived in— you.

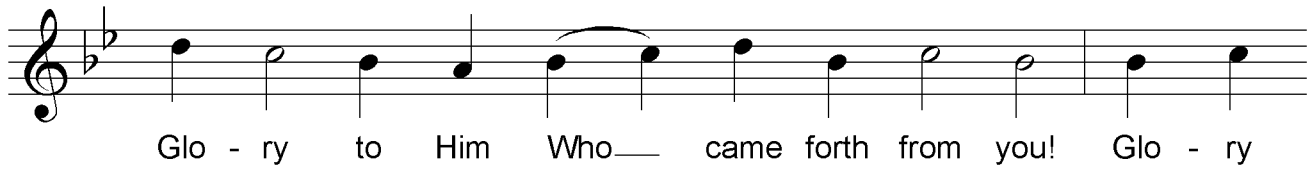
You be - came a ho - ly tem - ple, as was fore - told

by Da - vid the— Just. Bear - ing Your Cre - a - tor,

you be - came more spa - cious than the hea - vens.



Glo - ry to Him Who dwelt in you!



Glo - ry to Him Who came forth from you! Glo - ry



to Him Who set us free by be - ing born of you!